

## Menu for August 9-14 (Week 9)

	<b>STICK DAY</b>				
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>BREAKFAST</b>					
Dish #1		Waffle Sticks	GENEVA McMuffins		<b>Shores &amp; Pines</b>
Potato		Potato Logs	American Fries	Cheesy Potatoes	<b>(sleep-in)</b>
Eggs				Scrambled Eggs	
Meat		Sausage links	Canadian Bacon	Bacon	
Pastry		Strudel Bites	English Muffins	1/2 Turnover	Donuts
Dairy		yogurt	Yogurt	Yogurt	Yogurt
Fruit		bananas	Tropical Fruit	grapes	banana & orange
Cereal		cold cereal	cold cereal	cold cereal	cold cereal
Beverages		juice, milk, coffee	juice, milk, coffee	juice, milk, coffee	juice box, milk
<b>LUNCH</b>					
Protein	Chicken Strips	Pepperoni Sticks	Walking Taco	Baked Ziti	Grilled cheese
Starch	French Fries				curly fries
Starch			Doritos		
Soup					tomato soup
Vegetable	corn	Riviera blend	Toppings	green beans	peas
Vegetable		Jell-O strips			
Salad		tossed salad		tossed salad	
Bread	rolls			bread twists	bread
Fruit	sliced peaches	sliced pears		fruit cocktail	applesauce
Dessert		pretzel sticks	Rice Krispie Treats		
Beverages	punch, water	punch, water	punch, water	punch, water	punch, water
<b>DINNER</b>	<b>- picnic -</b>	<b>Cabin Campfires</b>			<b>- picnic -</b>
Protein	hamburgers	Hot Dogs	Turkey Breast	Chicken Breast	sloppy joes
Starch	chips	Chips	Mashed Potatoes	Red Skins	chips
Starch		String Cheese			
Vegetable	baked beans	Carrots/Celery	Peas & carrots	Malibu Blend	cob corn
Vegetable	veggies & dip		Jell-O		
Salad			tossed salad		Jell-O
Bread	buns	Bun	rolls	garlic bread	bun
Fruit	watermelon	apple/orange/pear	sliced pears	fresh fruit salad	watermelon
Dessert		S'mores		birthday cake	Klondike bars
Beverages	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water