

Menu for July 19-23 (Week 6)

	STICK DAY				
	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST					
Dish #1		French Toast Sticks	Breakfast Burrito		Shores & Pines
Potato		Potato Logs	Cheesy Potatoes	Potato Triangles	Sleep In
Eggs				Scrambled Eggs	
Meat		Ham strips	Sausage patties	Sausage Links	
Pastry		donut strips	Muffins	Cinnamon Rolls	Granola Bars
Dairy		yogurt	Yogurt	Yogurt	Yogurt
Fruit		Melon Slices	Applesauce	Tropical Fruit	Oranges & Pears
Cereal		cold cereal	cold cereal	cold cereal	cold cereal
Beverages		Juice, Milk, Coffee	Juice, Milk, Coffee	Juice, Milk, Coffee	Juice Box, Milk,
LUNCH					
Protein	Pork BBQ	Chicken strips	Walking Taco	Chicken Patties	Pepperoni Sticks
Starch	Potato Logs	straight fries		Steak Fries	
Starch			Doritos		
Soup					
Vegetable	Corn	green beans	Toppings	Baked Beans	peas
Vegetable				Veggies & Dip	
Salad		Tossed Salad			Tossed Salad
Bread	Bun	Rolls		bun	Bread Sticks
Fruit	Mandarin Oranges	Sliced Peaches		orange slices	Applesauce
Dessert		pretzel log	Rice Krispie Treat		
Beverages	punch, water	punch, water	punch, water	punch, water	punch, water
DINNER	picnic	Cabin Campfires			- picnic -
Protein	Hamburgers	Hot Dogs	Lasagna	Turkey Breast	ham sandwiches
Starch	chips	Chips	parsley red skins	Au Gratins	chips
Starch		String Cheese			
Vegetable	veggies & dip	Carrots/Celery	beans w/carrots	cob corn	veggies & dip
Vegetable	Jell-O				
Salad	potato salad		tossed salad		potato salad
Bread	bun	bun	garlic bread	wheat rolls	bun
Fruit	watermelon	apple/orange/pear	chunk pineapple	fresh fruit salad	sliced pears
Dessert		S'mores		birthday cake	large pretzels
Beverages	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water