

Menu for June 28 - July 2 (Week 3)

		STICK DAY				
	Monday	Tuesday	Wednesday	Thursday	Friday	Friday
BREAKFAST						
Dish #1		Waffles sticks	Pancakes	Geneva McMuffin	Pines	French Toast sticks
Potato		Potato Logs	American Fries	Potato pancakes	Sleep-In	hash browns
Eggs						ham
Meat		Sausage Links	Bacon	Sausage patties		
Pastry		Coffee Cake strips	Strudel Bites	Muffins	Muffins	cinnamon rolls
Dairy		Gogurt	Yogurt	Yogurt	Yogurt	Yogurt
Fruit		Bananas	Mandarin Oranges	Grapes	orange & banana	grapes
Cereal		cold cereal	cold cereal	cold cereal	cold cereal	cold cereal
Beverages		Juice, Milk, Coffee	Juice, Milk, Coffee	Juice, Milk, Coffee	Juice, Milk, Coffee	Juice, Milk, Coffee
LUNCH						>>RAINBOW
Protein	bowtie pasta	Pepperoni Sticks	Walking Taco	Grilled Cheese	Hamburgers	w/Parents, 12:30
Starch	w/meatballs			Chips	Fries	
Starch			Doritos			
Soup				Tomato soup		
Vegetable	peas	green beans	Toppings	mixed vegetables	Veggies & Dip	
Vegetable					Jell-O	
Salad	Tossed Salad	Jell-O strips				
Bread	bread sticks			bun		
Fruit	sliced pears	sliced peaches	Apple, Pear	applesauce	sliced Pears	
Dessert		pretzel sticks	Rice Krispie Treats			
Beverages	punch, water	punch, water	punch, water	punch, water	punch, water	
DINNER	- picnic -	Cabin Campfires			- picnic -	
Protein	Sloppy Joes	Hot Dogs	Pork Loin	Grilled Chicken	(Pines)	
Starch	Sun Chips	Chips	red skins	Potato Wedges	Pork BBQ	
Starch		String Cheese			chips	
Vegetable	veggies & dip	Carrots/Celery	corn	Broccoli		
Vegetable					baked beans	
Salad	macaroni salad		Tossed Salad		Potato Salad	
Bread	bun	Buns	garlic bread	Bread Sticks	bun	
Fruit	watermelon	apple/orange/pear	Fresh Fruit Salad	Sliced Peaches	sliced pears	
Dessert		S'mores		Birthday Cake	Klondike bars	
Beverages	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water	punch, milk, water	